



BARB SMITH

SUICIDE RESOURCE & RESPONSE NETWORK



Barb Smith, President and Founder of the
Barb Smith Suicide Resource & Response Network

What's on Your Mind? Let's Talk...

Barb will share insights from her work in suicide prevention and postvention, including research, case studies, and her lived experience. Drawing on local and national experience, she will help participants feel confident in discussing suicide and mental health.

Attendees will learn how to:

- Recognize when there may be a concern for suicide.
- Learn to ask the question of suicide in a safe and lifesaving way.
- Connect individuals to resources that can decrease their pain.
- Learn about local and national resources.



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Brought to you by:

Blue Cross Blue Shield of Michigan

When: Tuesday, March 24, 2026

Location: Conference Room

Times:

- 5:30 AM-6:30 AM
- 10:30 AM-11:30 AM
- 2:00 PM-3:00 PM

For more information, please contact

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