



# ASIST

(Applied Suicide Intervention Skills Training)

**September 22-23, 2021 8:00 AM - 4:30 PM**

**Algonac Lions Club**

**1905 Mill St.**

**Algonac, MI 48001**

## ABOUT THIS TRAINING

ASIST is a two-day interactive workshop in suicide first aid. Skills learned in one environment are transferable to others, creating a life-saving impact across the community.

Help is possible when skills, opportunity, and safety are present. When these are available throughout the different facets of someone's life, they're more likely to receive help.

- ♦ Live instruction, audiovisuals, and simulation
- ♦ Trusted by professionals yet learnable by anyone
- ♦ Built-in safety resources and features

## Who Should Attend

Anyone can experience thoughts of suicide. By giving participants the skills to help friends, family members, colleagues, and clients stay alive, ASIST supports suicide-safer communities. Although ASIST is widely used by healthcare providers, no formal training is needed to attend the workshop. Anyone 15 or older can learn and use the model.

## Learning Goals & Objectives

Over the course of the two-day workshop, participants will learn to:

- ♦ Understand the ways that personal and societal attitudes affect views on suicide and interventions
- ♦ Provide guidance and suicide first aid to a person at risk in ways that meet their individual safety needs
- ♦ Identify the key elements of an effective suicide safety plan and the actions required to implement it
- ♦ Appreciate the value of improving and integrating suicide prevention resources in the community at large
- ♦ Recognize other important aspects of suicide prevention

## HOW TO REGISTER

**\$50 per person/30 seat Limit**

**Registration link:**

<https://p2p.onecause.com/algonacasist>  
(registration does not work with Internet Explorer)

**Questions?**

(989) 781-5260 or [info@srrn.net](mailto:info@srrn.net)

## About the Trainers

### Barb Smith

Founder and Executive Director of the Barb Smith Suicide Resource and Response Network. For the past 3 decades, she has advocated for suicide prevention and aftercare both at local and state lev-els. As a national speaker Barb presents to audiences on suicide prevention, aftercare and first responder training. She is the founder and facilitator of the local Survivors of Suicide support group. Barb is a certified trainer for LivingWorks ASIST, safeTALK, and Suicide Awareness programs.

### Amanda Strigel

Michigan Army National Guard member for 12 years. Amanda is an educator as the commander of the Officer Candidate School Program at the Fort Custer Education Center of Excellence. Amanda is certified through the University of Pennsylvania as a Master Resilience Trainer and is a certified LivingWorks instructor for ASIST.

## AGENDA (Both Days)

8:00-8:30 am	Registration and light breakfast
8:30 am	Training begins
12:30 pm	Lunch will be provided on site
1:30 pm	Training
4:30 pm (Day 2)	Evaluations, Sign out, Award Certificates

*Breaks will be given at a time to be determined by the trainers.  
Must be at training 2 full days; no exceptions due to the content of the training.*

---

### Special Accommodations:

Please let us know at least 3 days in advance if you are in need of any special accommodations such as mobility assistance, interpreters, dietary needs etc and we will make every effort to honor your special needs request.

### Continuing Education Credits

When registering, please indicate if either Social Work or SCECH credit hours are needed.

■ Social Work (13.5 CE's) ■ SCECH (11 CE's) ■ HR Certification

### Certificates

Certificates will be awarded at the end of the session. Attendees spending excessive time out of the room or engaging in activities not associated with the training (as determined by the trainers) may not receive credit. No partial credit will be given.

### COVID Guidelines Will Be Followed

We will be following all COVID guidelines. A mask is required, no contact temperature will be taken each morning and hand sanitizer will be available. Training rooms will accommodate for social distancing.



"Funding for this conference was made possible (in part) by SM82120 from SAMHSA. The views expressed in written conference materials or publications and by speakers and moderators do not necessarily reflect the official policies of the Department of Health and Human Services; nor does mention of trade names, commercial practices, or organizations imply endorsement by the U.S. Government."

This course is approved by the Michigan Social Work Continuing Education Collaborative. Course approval #032221-04



"The use of this official seal confirms that this Activity has met HR Certification Institute's® (HRCI®) criteria for recertification credit pre-approval."



LivingWorks Educaton is a suicide interventon training company that trains community helpers of all kinds to financial discipline, innovation, and determination of any private sector business to achieve its mission.